



FIRST AID

TRAINING DATE:

Tuesday, March 5, 2019 – DeKalb Health, Auburn IN
 Located at: 1314 E. 7th Street – 3rd Floor Conference Rooms
Registration: 7:30am – 8:00AM
Class 8:00 - 4:00pm
Cost: \$25

Mental Health First Aid teaches about *recovery* and *resiliency* – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well. Certification is awarded at completion.

To Register:

MAIL: Complete the form and mail to St. Martin’s Healthcare with your non-refundable registration fee.

ONLINE: www.smhcin.org

Class is limited to 30 participants.

Registration closes February 28, 2019

NAME: _____

ORGANIZATION: _____

MAILING ADDRESS: _____

E-MAIL: _____

PHONE: _____

METHOD OF PAYMENT: _____ CASH _____ CHECK

**For credit card payment, please use secure online registration at www.smhcin.org.
 A receipt and confirmation of attendance will be provided**

About the Instructors: *Lindsay O’Brien* has been with AmeriCare since 2013 and was named Vice President in March, 2018. She is responsible of implementing innovative clinic based programs that expand access to care for millions of low income and uninsured patients. She also directs research initiatives for diabetes prevention, healthy food integration and hypertension. *Christina Otten* is the Senior Associate for the U.S. Program responsible for onboarding new behavioral health partners, managing and maintaining existing partnerships and supporting outreach and expansion efforts in the behavioral health sector. Both Lindsay and Christina are certified as instructors in adult and youth Mental Health First Aid. *AmeriCare* is the largest non-profit provider of medical aid to organizations serving low income and uninsured providing \$2 million in medicine, supplies, education and training annually to a network of more than 1,000 partner clinics nationwide.

TOPICS COVERED:
 Depression & Mood Disorders
 Anxiety Disorders
 Trauma
 Psychosis
 Substance Abuse Disorders

A person you know may be experiencing a mental health or substance abuse problem

You are more likely to encounter someone in mental health crisis than someone having a heart attack

Learn how to help a client, family member, friend, co-worker, or neighbor

THANK YOU TO OUR SPONSORS



QUESTIONS?

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